

## **MEMBERS CODE**

- 1. Participation & contribution Members are encouraged to participate regularly and contribute to Club activities and Club meetings. Club activities are advertised to members online via the Club website and via the weekly Cooee email to members (as per Communications Policy). Club meetings are held monthly on the first Thursday of the month throughout the year and are open to members, prospective members and visitors (as per Meetings Policy).
- 2. **Individual responsibility & Self-reliance** Members are expected to develop skills appropriate to activities undertaken and must abide by all reasonable instructions of the leader. Members (including 'Visitors) accept responsibility for their own actions through the signing of an Acknowledgement of Risks & Obligations.
- 3. **Visitors** Members who wish to invite Visitor/s to attend a Club activity must seek specific advance approval from the leader.
- 4. **Children** Children of members may attend Club activities if they are capable of undertaking the activity safely but only with the specific advance approval of the leader and after they purchased a visitor's voucher.
- 5. **No dogs** For environmental and safety reasons, pets are not permitted on Club activities.
- 6. Walk participants:
  - Are expected to conduct themselves in a manner to enhance the group's experience. Everyone walks for their own reasons. Some like to chat while others enjoy the quietness of the forest. Most of our members are reasonably sociable types, but if you are a prolific talker, consider that not everyone may want to hear your voice all day. Mobile phones should be turned off or switched to silent or vibrate mode.
  - Must be adequately equipped for protection from the weather, bush conditions and snakes, and have adequate water supplies and sufficient navigation and first aid equipment for their own needs, or they may not be permitted to join an activity.
  - Must take individual responsibility for safety. Although the leader is ultimately in charge of the group and its participants, safety of the group is also the responsibility of each individual. Be aware of others, especially in difficult situations.
  - Must keep together. Be aware of who is walking in front and behind you and keep them in sight. Pass a message forward to the Leader at once if anyone drops behind. (But don't walk so close to the person in front that you risk being hit in the face with a branch that springs back and beware of swinging walk poles!).
  - Must not leave a walking group or drop back behind the tail-end Charlie for a 'call of nature' or other reason without advising the leader or tail-end-Charlie of intentions.
  - If finding the pace too hard, or otherwise in difficulty, must stop and advise the tail-end Charlie, not wait until exhausted.
  - If separated from the group and unsure where the rest of the group is, must stop and shout. If no answer, blow your whistle in groups of three blasts and listen for a response. Either stay where you are or move a short distance to an obvious clearing don't wander further into the unknown.
  - Must not light any fire without approval and supervision of the leader.
  - Any participant with a medical condition that may affect them during the activity, must inform the leader before the walk commences and advise of the appropriate treatment that might be required during the walk. They should also carry in their pack, at all times, a completed Emergency Contact and Medical Information form (available on the Club website) in a sealed plastic envelope. The information on the form must be updated if there is a change in condition.
  - Abide by the Club's Minimum Impact Bushwalking Code.
- 7. **Paying your way** Activities are generally free of charge to members, except to recoup expenses. The usual form of transport to Club day walks is by carpooling from a nominated meeting place. Carpooling costs are shared by those travelling in each vehicle at the discretion of the driver, but do not wait to be asked for your cash contribution. It is expected that passengers will share the fuel costs between them and ensure the amount contributed is appropriate considering not only the driver's cost of fuel, but also the driver's general costs of maintaining a car.